Devotion

Do not let your heart be troubled

Devotional: Trusting Jesus in Troubled Times

Scripture:
"Do not let your hearts be troubled. You believe in God; believe also in me." — *John 14:1 (NIV)*

1. Do Not Let Your Hearts Be Troubled

Jesus spoke these words to His disciples at the Last Supper, a moment filled with fear and uncertainty. He knew they would soon face His departure. His command is not simply to suppress worry but to anchor their hearts in His peace.
Isaiah 26:3 — 'You will keep in perfect peace those whose minds are steadfast, because they trust in you.'
John 14:27 — 'Peace I leave with you; my peace I give you.'

2. You Believe in God

Jesus affirms the disciples' faith in the God of Israel, the Creator and Sustainer of all things. Their belief was rooted in the Shema, the great declaration of Israel's faith:
Deuteronomy 6:4-5 - 'Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart.'.

3. Believe Also in Me

Here, Jesus invites His disciples to extend their trust to Him. Just as they believed in God, they are called to

believe in Him as the way to the Father.
John 10:30 —'I and the Father are one.'
John 14:6 — 'I am the way and the truth and the life. No one comes to the Father except through me.'

Application

When life brings uncertainty, fear, or change, Jesus calls us to:

1. Guard our hearts from being consumed by trouble.
2. Remember our faith in the God who has always been faithful.
3. Deepen our trust in Jesus, who is the perfect revelation of the Father's love.

Prayer

"Lord Jesus, when my heart feels troubled, please help me to rest in Your peace. Strengthen my faith to trust You fully, just as I trust the Father. Remind me that You are the way, my comfort, and my hope. Amen."

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